Wings for L.I.F.E.—2 New Sites!

Second Presbyterian Church  812 Edith Blvd. NE
Corner of Lomas & Edith. Park in N. lot off Page Rd. Enter Social hall through East door.

YMCA  4901 Indian School NE—1/2 block W. of San Mateo & S. of I-40

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Location</th>
<th>Dinner Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>5/4</td>
<td>Mother’s Day Potluck—For all members of the family—Raffle Drawings—Gifts</td>
<td>YMCA</td>
<td>Bring Appetizer, Salad, Veggies, Fruit or Dessert</td>
</tr>
<tr>
<td>5/11</td>
<td>Everything You’ve Ever Wanted to Know about Health-care in our NM Prisons—Yolanda Herrera, RN—NMCD</td>
<td>Second Presbyterian</td>
<td>High Noon Restaurant</td>
</tr>
<tr>
<td>5/18</td>
<td>Making the Most of Summer—Ann Edenfield Sweet</td>
<td>YMCA</td>
<td>Domino’s Pizza</td>
</tr>
<tr>
<td>5/25</td>
<td>Memorial Day—No meeting</td>
<td>YMCA</td>
<td>Domino’s Pizza</td>
</tr>
</tbody>
</table>

PLEASE RSVP to Ann at 291-6412 to make sure we have enough food. THANKS!
AnnEdenfield@WingsMinistry.org
## Wings for L.I.F.E.

**WINGS Ministry**  
2270 D Wyoming NE #130  
Albuquerque, NM 87112-2620  
(505) 291-6412 • Fax: (505) 291-6418  
E-mail: AnnEdenfield@WingsMinistry.org

## Vision:

Life-skills Imparted to Families through Education

Wings Ministry is a 501(c)3 Not-for-profit organization and can accept United Way and Combined Federal Way contributions #66605. All donations are tax deductible.

**www.WingsMinistry.org**  
www.WingsForLifeABQ.blogspot.com

## July 2009

### Wings for L.I.F.E. July Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Location</th>
<th>Dinner Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/6/09</td>
<td>4th of July FUN—GAMES—Make your own IceCream Sundaes</td>
<td>YMCA</td>
<td>Dominos Pizza</td>
</tr>
<tr>
<td>7/13/09</td>
<td>Probation &amp; Parole—Anita Chavez, Federal Probation &amp; Parole</td>
<td>Second Presbyterian</td>
<td>High Noon Restaurant</td>
</tr>
<tr>
<td>7/20/09</td>
<td>No Cost—Low cost Insurance—Jesse Haines, Lovelace</td>
<td>YMCA</td>
<td>STAFF</td>
</tr>
<tr>
<td>7/27/09</td>
<td>Internet Safety—Lynn Southard, Attorney General’s Office</td>
<td>Second Presbyterian</td>
<td>Cross of Hope Lutheran Koinonia Tapestry</td>
</tr>
</tbody>
</table>

### Come Explore the Beauty of New Mexico

**KASHA-KATUWE**  
**TENT-ROCKS**

**Saturday July 18th 9:30 AM**

A day of fun and exploring.  
Bring FAMILY & FRIENDS for this beautiful outing!

Meet: Central United Methodist Church, 201 University (1 block N. of Central)  
Time: 9:30 am to CARPOOL  
Bring: Lunch, snacks, plenty of drinks and water, sunscreen, camera, bathing suit, towel, & full tank of gas if you will be driving.  
Wear: Hiking or comfortable shoes, backpack, & books or games to play if you don’t plan to hike. (Optional folding chair.)

### Tent Rocks, or Kasha-Katuwe

National Monument is named for the fanciful teepee formations created by the effects of erosion on lava.

This gorgeous site is only 40+ miles from Albuquerque, on the Cochiti Pueblo, and near Cochiti Lake. We will take a 1.5 mile hike through the ‘tents’ to the top of the mesa and as time and ability permits, swim and cool off in Cochiti Lake.

**Please Join Us!**  
**R.S.V.P**  
Ann  
505.291.6412

Expect a late afternoon arrival into Albuquerque.
Wings for L.I.F.E.

VISION: Life-skills Imparted to Families through Education
WHO: Families, Inmate Family members & Former Inmates
WHAT: Empowerment, Support, Discussion & Mentoring

Albuquerque, New Mexico

1st & 3rd Mondays 6:00—7:30PM
Y.M.C.A: 4901 Indian School NE
1/2 Block W. of San Mateo & S. of I-40

2nd & 4th Mondays 6:00—7:30PM
SECOND PRESBYTERIAN CHURCH
812 Edith Blvd. NE
Corner of Lomas & Edith
Park in N. lot off Page Rd.

1/2 Block W. of San Mateo & S. of I-40

Find out more at:
www.WingsForLIFEABQ.blogspot.com

CONTACT: Ann Edenfield Sweet 505.291.6412
AnnEdenfield@WingsMinistry.org

If you want to walk with us, please be at each meeting site by 5:25. We’ll walk before dinner for some exercise. Dinner starts at 6:00.

Recent Past Nights—
★ Cooking is fun!
★ Celebrating our mothers & special women in our lives.
★ Infectious diseases.
★ Talking about ‘coming home’.
★ Loving & honoring our kids!

THANKS
High Noon
Domino's
Cross of Hope
Koinonia
Hobby Lobby
Zanios Foods
HELP-NM
KFLQ 91.5 FM

WE NEED:
• Food
• Dessert
• Salad/Veggies/Fruit
• Set-up
• Clean-up
• Door Prize Donations
• Speakers
• Mentors
• Craft Leaders
• Photographers
• Greeters
• Registrars
• Clothing Donations for our free school & work clothing give away August 10.

YOU CAN HELP

WINGS FOR L.I.F.E.

• Strengthen Family Relationships
• Developmental Asset© Building
• Family Fun Time
• Life-Skill Education
• Reference Letters for Employment
• Resume Building
• Community Service Hours
• Extend Your Support System
• Group Mentoring & Empowerment
• Networking
• AND MORE!
# Wings For Life & Education (W.I.R.E.) Schedule August & September 2009

**WINGS Ministry**
2270 D Wyoming NE #130
Albuquerque, NM 87112-2620
(505) 291-6412 • Fax: (505) 291-6418
E-mail: AnnEdenfield@WingsMinistry.org

**VISION:**
Life-skills Imparted to Families through Education

Wings Ministry is a 501(c)3 Not-for-profit organization and can accept United Way and Combined Federal Way contributions #66605. All donations are tax deductible.

**Aug. 2009**

**YOU CAN HELP**
We need:
- Food
- Dessert
- Salad
- Veggies
- Fruit
- Set-up
- Clean-up
- Door Prize Donations
- Speakers
- Mentors
- Craft Leaders
- Photographers
- Greeters
- Registrars
- Clothing Donations for our school & work clothing give away August 10.

**WINGS FOR L.I.F.E.  AUG. & SEPT. 2009  SCHEDULE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/3</td>
<td>How to Successfully Deal with Conflict</td>
<td>YMCA</td>
</tr>
<tr>
<td>8/10</td>
<td>Back-to-School/Work Fashion Show</td>
<td>Second High Noon</td>
</tr>
<tr>
<td>8/17</td>
<td>Domestic Violence/Teen Violence</td>
<td>YMCA</td>
</tr>
<tr>
<td>8/24</td>
<td>Back-To-School – Starting the Year off Right!</td>
<td>Second Press.</td>
</tr>
<tr>
<td>8/31</td>
<td>No Meeting - 5th week</td>
<td></td>
</tr>
<tr>
<td>9/7</td>
<td>Labor Day - No Meeting</td>
<td></td>
</tr>
<tr>
<td>9/14</td>
<td>How to Get Families Involved in Schools</td>
<td>Second Press. High Noon</td>
</tr>
<tr>
<td>9/21</td>
<td>Counseling/A Chaplain’s Perspective</td>
<td>YMCA</td>
</tr>
<tr>
<td>9/28</td>
<td>Mother/Daughter Survive Crystal Meth</td>
<td>Second Press. Staff</td>
</tr>
<tr>
<td>10/5</td>
<td>Addiction - You CAN Recover!</td>
<td>YMCA</td>
</tr>
</tbody>
</table>

1st & 4th Mondays 6:00—7:30PM

Y.M.C.A: 4901 Indian School NE
1/2 Block W. of San Mateo & S. of I-40

2nd & 4th Mondays 6:00—7:30PM

SECOND PRESBYTERIAN CHURCH
812 Edith Blvd. NE
Corner of Lomas & Edith
Park in N. lot off Page Rd.

If you want to walk with us, please be at each meeting site by 5:25. We’ll walk before dinner for some exercise. Dinner starts at 6:00.

**PLEASE JOIN US!**
R.S.V.P  ANN 505.291.6412
Albuquerque, New Mexico—August 2009

YOU CAN MAKE A DIFFERENCE...

DO YOU KNOW OF A PERSON OR FAMILY WHO HAS A RELATIVE IN PRISON?

IF SO, PLEASE TELL THEM ABOUT WINGS FOR L.I.F.E.

Wings for L.I.F.E. is a program for family members of inmates and newly released inmates. Our meetings are a place to meet other people who are facing the same challenges we deal with every day. We have speakers who share information about important life topics, such as finances, legal issues, and family problems. We discuss these topics, ask questions, and help one another with what we have learned.

REMEMBER... WE ARE HERE TO HELP!

Wings Ministry
Back-To-School Party
Saturday - August 15, 2009
St. Mark’s on the Mesa Episcopal
431 Richmond Place NE 262-2484
Directions: 2 blocks S. of Lomas, 2 blocks E. of Girard & Jefferson Middle School
Games - Crafts - Singing - Dinner - FUN!
Puppet show too!
2-4 set-up  Party 4:00 – 7:00 PM
Please RSVP to: Ann at 291-6412
We want to make sure we have enough pizza!
Also—school supplies for kids!

* Bubble-gum Blowing Contest
* Loving & honoring our kids!
* Friends and Family Fun!
* Swimming at Cochiti Lake
* Hiking at Tent Rocks!

Recent Past Events!

HELP-NM
KFLQ 91.5 FM

THANKS
High Noon
Dominos
Cross of Hope Koinonia
Hobby Lobby
Zanios Foods

Find out more at:
www.WingsForLIFEABQ.blogspot.com

CONTACT: Ann Edenfield Sweet 505.291.6412
AnnEdenfield@WingsMinistry.org
YOU can help

We need:
- Office space
- Storage area
- Food
- Dessert
- Salad/Veggies/Fruit
- Set-up
- Clean-up
- Door Prize Donations
- Speakers
- Mentors
- Craft Leaders
- Photographers
- Greeters
- Registrars
- Clothing Donations

VOlunteer Options:
- Wings Ministry is a 501c3 Not-for-profit organization and can accept United Way and Federal Way contributions #66605. All donations are tax deductible.

www.WingsMinistry.org
www.WingsForLifeABQ.blogspot.com

WINGS FOR L.I.F.E. FALL 2009 SCHEDULE

2nd & 4th Mondays 6:00—7:30PM

SECOND PRESBYTERIAN CHURCH

9/14/09 How to Get Families Involved in Schools Second Presbyterian High Noon Evelyn Fernandez

9/21/09 Counseling/A Chaplain’s Perspective YMCA——4901 Indian School NE Koinonia Tapestry John Compton

9/28/09 Mother/Daughter Survive Crystal Myth Second Presbyterian Staff Linda Pena

10/12/09 Addiction - You CAN Recover! Second Presbyterian High Noon Myra Wilson

10/26/09 Financial Planning is Really Not So Difficult Second Presbyterian Dominos Yolanda Mattison

11/9/09 Loved One Arrested - What next? How To Help Second Presbyterian High Noon Kari Converse

11/23/09 THANKSGIVING Potluck Second Presbyterian Potluck Dinner Ann Edenfield Sweet

12/12/09 Wings Christmas Party New Beginnings Church - 2-4

12/14/09 Holiday Blues Second Presbyterian High Noon TBA

PLEASE JOIN US! R.S.V.P ANN 505.291.6412

SECOND PRESBYTERIAN CHURCH
812 Edith Blvd. NE
Corner of Lomas & Edith / Park in N. lot off Page Rd.

If you want to walk with us, please be at the meeting site by 5:25. We’ll walk before dinner for some exercise. Dinner starts at 6:00.

Please let us know—
1. Would you prefer Mon. or Tues. night meetings?
2. Would you prefer 6:00—7:30 or 6:30—8:00?
3. Does serving dinner influence your attendance at Wings for L.I.F.E.?
4. If a snack was offered in place of dinner, would this influence your attendance?
September 2009
Albuquerque, New Mexico

FALL CHANGES: OCTOBER KICKS OFF OUR BI-WEEKLY MEETINGS

GO ISOTOPES!!!

Thank you Drake Shafer for tickets!!

Special Note:
Starting in Oct.
We will only meet
at 2nd Presbyterian Church
Bi-Weekly

Back-to-School Fashion Show—Models of all ages.

Warden Arlene Hickson from the Women’s Correctional Facility in Grants, NM surprised us by bringing her whole family to Wings for L.I.F.E.

Warden Hickson with Wings staff and family.

THANKS TO HIGH NOON FOR THEIR DELICIOUS DINNERS!

Find out more at:
www.WingsForLIFEBQ.blogspot.com
### Fall 2009
Albuquerque, New Mexico

**THANKS to High Noon for their delicious dinners!**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Location</th>
<th>Caterer</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>10/12/09</td>
<td>Addiction - You CAN Recover!</td>
<td>Second Presbyterian—812 Edith</td>
<td>High Noon</td>
<td>Myra Wilson</td>
</tr>
<tr>
<td>10/26/09</td>
<td>Financial Planning is Really Not So Difficult</td>
<td>Second Presbyterian—812 Edith</td>
<td>Dominoes</td>
<td>Yolanda Mattison</td>
</tr>
<tr>
<td>11/2/09</td>
<td>Counseling/A Chaplain's Perspective</td>
<td>YMCA</td>
<td>Koinonia Tapestry</td>
<td>John Compton</td>
</tr>
<tr>
<td>11/9/09</td>
<td>Loved One Arrested - What next? How To Help</td>
<td>Second Presbyterian—812 Edith</td>
<td>High Noon</td>
<td>Kari Converse</td>
</tr>
<tr>
<td>11/16/09</td>
<td>THANKSGIVING Potluck</td>
<td>Boys &amp; Girls Club 3333 Truman NE, Comanche &amp; Candelaria, 1 block W. of San Mateo</td>
<td>High Noon</td>
<td>3333 Truman NE</td>
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<tr>
<td>11/23/09</td>
<td>Making the Most of the Holidays</td>
<td>Second Presbyterian—812 Edith</td>
<td>Potluck Dinner</td>
<td>Ann Edenfield Sweet</td>
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<td>11/30/09</td>
<td>No Meeting - 5th week</td>
<td></td>
<td></td>
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<tr>
<td>12/7/09</td>
<td>Successful Re-entry - How He Did It!</td>
<td>YMCA</td>
<td>Dominoes</td>
<td>Drake Schaeffer</td>
</tr>
<tr>
<td>12/12/09</td>
<td>Wings Christmas Party 2-4 Set-up 5:30-6:30</td>
<td>New Beginnings Church 3601 Montgomery Blvd—Corner of Carlisle &amp; Montgomery</td>
<td>High Noon</td>
<td>Beverly Apodaca</td>
</tr>
<tr>
<td>12/14/09</td>
<td>Holiday Blues</td>
<td>Second Presbyterian—812 Edith</td>
<td>High Noon</td>
<td>Beverly Apodaca</td>
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<tr>
<td>12/21/09</td>
<td>Christmas Party Potluck</td>
<td>YMCA</td>
<td>Koinonia Tapestry</td>
<td>Ann Edenfield Sweet</td>
</tr>
<tr>
<td>12/28/09</td>
<td>No Meeting—Happy New Year!</td>
<td></td>
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</table>

**PLEASE JOIN US!**

**R.S.V.P**  505.291.6412

**2nd & 4th Mondays 6:00—7:30PM**

**Y.M.C.A**
4901 Indian School NE
1/2 Block W. of San Mateo & S. of I-40

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**1st & 3th Mondays 6:00—7:30PM**

**HELP-NM**
Cross of Hope Koinonia

**WHO:** Families, Inmate Family members & Former Inmates

**WHAT:** Empowerment, Support, Discussion & Mentoring

**VISION:** Life-skills Imparted to Families through Education
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Wings for L.I.F.E., the empowerment/support group for youth and family members of inmates, meets from 6-7:30 pm every 1st and 3rd Monday of the month at the YMCA—San Mateo & 4901 Indian School and the 2nd and 4th Monday of the month at Second Presbyterian Church, 812 Edith Blvd, corner of Edith & Lomas. Dinner is served. High Noon provides dinner the 1st Monday of the month, Cross of Hope Koinonia provides dinner the 2nd Monday of the Month, Domino’s Pizza (Coors Rd.) provides dinner the 3rd Monday of the month, and we need volunteers to provide dinner on the 4th Monday of the month.

We need volunteers who can help once a year, once a month, or every time we meet!

Volunteer opportunities:
- Kitchen Team (This is a perfect project for a civic organization, business, Sunday School Group, or a Youth Group.) We try to get food donated, but simple meals would be greatly appreciated.
- Prepare entrée, salad, dessert once a month
- Prepare healthy snacks once a month (raw veggies, fruit, cheese, etc.)
- Help with Dining Room Tasks—Set tables, clean up, etc.
- Help with registration
- Eat dinner and participate in table discussions
- Mentors and tutors needed
- Help with crafts & games
- Help with toddler care
- Camera/video team
- Publicity
- Greeters
- Gofer—I’d like to help with: ______________________________